

"Taking Care"

A Mental Health & Wellness Monthly Newsletter

Prepared by: GSSD School Counsellors

The Month of February is Dedicated to Healthy Relationships

For Staff

- [Positive Staff Relationships](#) (Article)

For Parents/Caregivers

- [Healthy Parent-Child Relationships](#) (Article)
- [Healthy Relationship Skills](#) (Article)
- [8 Ways to Strengthen a Parent-Child Relationship](#) (Activities)



For Students

All Grades

- [Healthy Relationships](#) (Resource Kit)
- [Healthy Relationship Skills](#) (Article)



SHARE YOUR ACTIVITIES THAT SHOWCASE HEALTHY RELATIONSHIPS



#GSSDTAKINGCARE

