

<p style="text-align: center;">Health Grade 1 (Building On What I Already Know) Decision-Making (DM)</p>				
OUTCOMES	<p>1 - Beginning The student is having difficulty demonstrating an understanding of the concept.</p>	<p>2 – Approaching The student is developing an understanding of the concept.</p>	<p>3 – Meeting The student consistently demonstrates an understanding of the concept or has achieved the concept.</p>	<p>4- Exemplary The student independently demonstrates an in-depth understanding of the concept, and consistently applies this knowledge to new situations.</p>
<p>DM 1.1 I can examine initial steps (i.e., Stop, Think, Do) for making basic choices regarding healthy behaviours; healthy brain, heart, and lungs; healthy relationships; pedestrian/street safety; and a healthy sense of self.</p>	<ul style="list-style-type: none"> • With help, I can identify a few ways I make healthy choices. • I recognize the importance of thinking before I act when making basic healthy choices. 	<ul style="list-style-type: none"> • I can identify a few ways I make healthy choices. • I describe the importance of thinking before I act OR using “stop, think, do” when making basic healthy choices. 	<ul style="list-style-type: none"> • I can explain many ways I make healthy choices. • I describe the importance of thinking before I act, AND using “stop, think, do” when making basic healthy choices. 	<ul style="list-style-type: none"> • I can compare the ways I make healthy choices with the ways others make healthy choices. • I show evidence of thinking before I act, and can justify how I use “stop, think, do” when making healthy choices.
<p>Comments</p>				