


Module 6

## Student Wellbeing



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### Module Overview



- High Quality Teaching and Learning
- Engagement of All Students, Families, & Communities
- Healthy, Sustainable Physical and Social Environments
- Reduction in Anxiety Levels
- Cultural Competencies
- Feeling Welcomed, Safe, and Included
- Identification of Emotions and Access of Supports



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### Aspirational Statements

- High Quality Teaching and Learning
- Engagement of All Students, Families, & Communities
- Healthy, Sustainable Physical and Social Environments



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## Reduction in Anxiety Goal



### Goal Evaluation

- Our School Survey
- Student Orientation to School Questionnaire (SOS-Q)

### Division Strategies

- Alliance For Gender and Sexual Diversity
- identification of provincial outcomes and indicators
- Indigenous School Success Consultants
- Mental Health First Aid
- mental health resources
- mental health capacity building partnerships



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## Reduction in Anxiety Goal



### School Strategies

- Club Connect
- Circle of Courage Philosophy
- Friends Resiliency Program
- Girl Power
- Girl Empowerment
- Mental Health & Wellbeing 20L
- Positive Behavioral Interventions & Supports
- Positive Phone Calls Home
- Rainbow Club
- Social Thinkers
- Take Me Outside Day
- Teen Boost
- Teen Yoga
- We Thinkers
- Zones of Regulation

### Questions To Ask

### SCC Action Plans



5

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## Cultural Competencies Goal

### Goal Evaluation

- qualitative data
- assessment rubric

### Division Strategies

- cultural advocate
- anti-racism and anti-oppressive presentations
- Indigenous learning materials
- Indigenous Advisory Committee
- Indigenous Student Success Leads
- Indigenous Community Worders
- Indigenous Student Success Consultants
- raising cultural awareness



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### Cultural Competencies Goal

#### School Strategies

- Blanket Exercise
- Circle of Courage Philosophy
- Drum Group
- Elder Presentations
- Engaging Young Leaders
- Ensouling Our Schools (Book Study)
- Hoop Dancing
- Indigenous Art
- Indigenous Education Team
- Mandatory Indigenous Studies 10
- Orange Shirt Day
- Ribbon Skirt/Shirt Day
- Storytelling Month Activities
- Smudging
- Talking Circles
- Understanding of Indigenous Worldview

#### Questions To Ask

#### SCC Action Plans



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### Feeling Welcomed, Safe, and Included Goal



#### Goal Evaluation

- Our School Survey
- Student Orientation to School Questionnaire (SOS-Q)
- student attendance

#### Division Strategies

- anti-racism professional development
- changes to policies and procedures
- Circle of Courage philosophy
- Alliances for Gender and Sexual Diversity
- trauma-informed practices
- social emotional learning philosophy



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### Feeling Welcomed, Safe, and Included Goal



#### School Strategies

- Alliances for Gender and Sexual Diversity
- Gay Straight Alliance Summit
- Pride Month Celebrations
- Safe at School Programs
- School-based extracurricular activities
- SEL student groups
- Settlement Workers in Schools

#### Questions To Ask

#### SCC Action Plans



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### Identification of Emotions & Access of Supports

#### Goal Evaluation

- Our School Survey
- anecdotal data
- professional development & resources
- mental health referrals

#### Division Strategies

- mental health unit in Wellness 10
- Indigenous Education Team
- Indigenous Pedagogy – Circle of Wellness
- school counsellors
- Zones of Regulation
- FRIENDS
- We Thinkers



10

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### Identification of Emotions & Access of Supports

#### School Strategies

- school clubs
- mental health speakers
- other initiatives



#### Questions To Ask

#### SCC Action Plans



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### Questions

- contact your principal



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